



Ravi Shrivastava

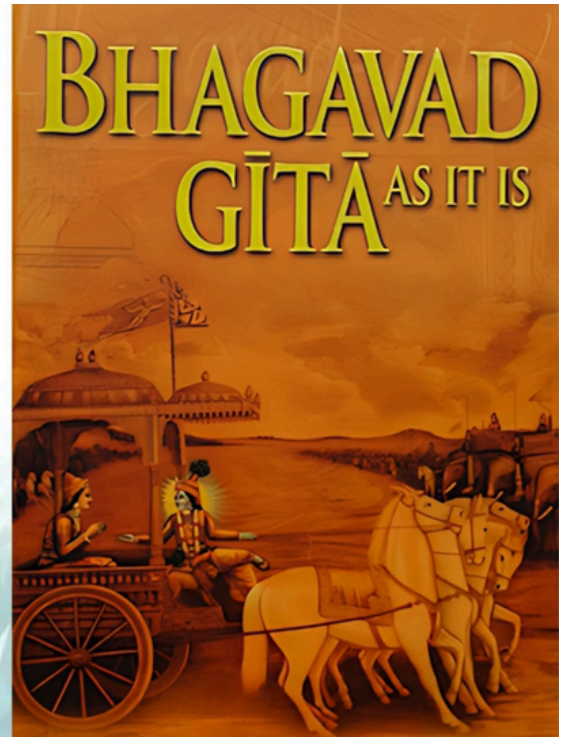


## Verse 1, Chapter 1

धृतराष्ट्र उवाचः ।  
धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुत्सवः ।  
मामकाः पाण्डवाश्चैव किमकुर्वत सञ्जय ॥१॥

**Dhritarashtra said: O Sanjay, after gathering on the holy field of Kurukshetra, and desiring to fight, what did my sons and the sons of Pandu do?**

Dhritarashtra Uvacha - Dhritarashtra said  
Dharma-Kshetre - the land of Dharma  
Kuru-Kshetre - at Kurukshetra  
Samavetah - Having gathered  
Yuyutsavah - Desiring to fight  
Mamakah - My sons  
Pandavah - The sons of Pandu  
Cha—And ; Eva—Certainly  
Kim - What ; Akurvata - Did they do  
Sanjaya - Sanjay

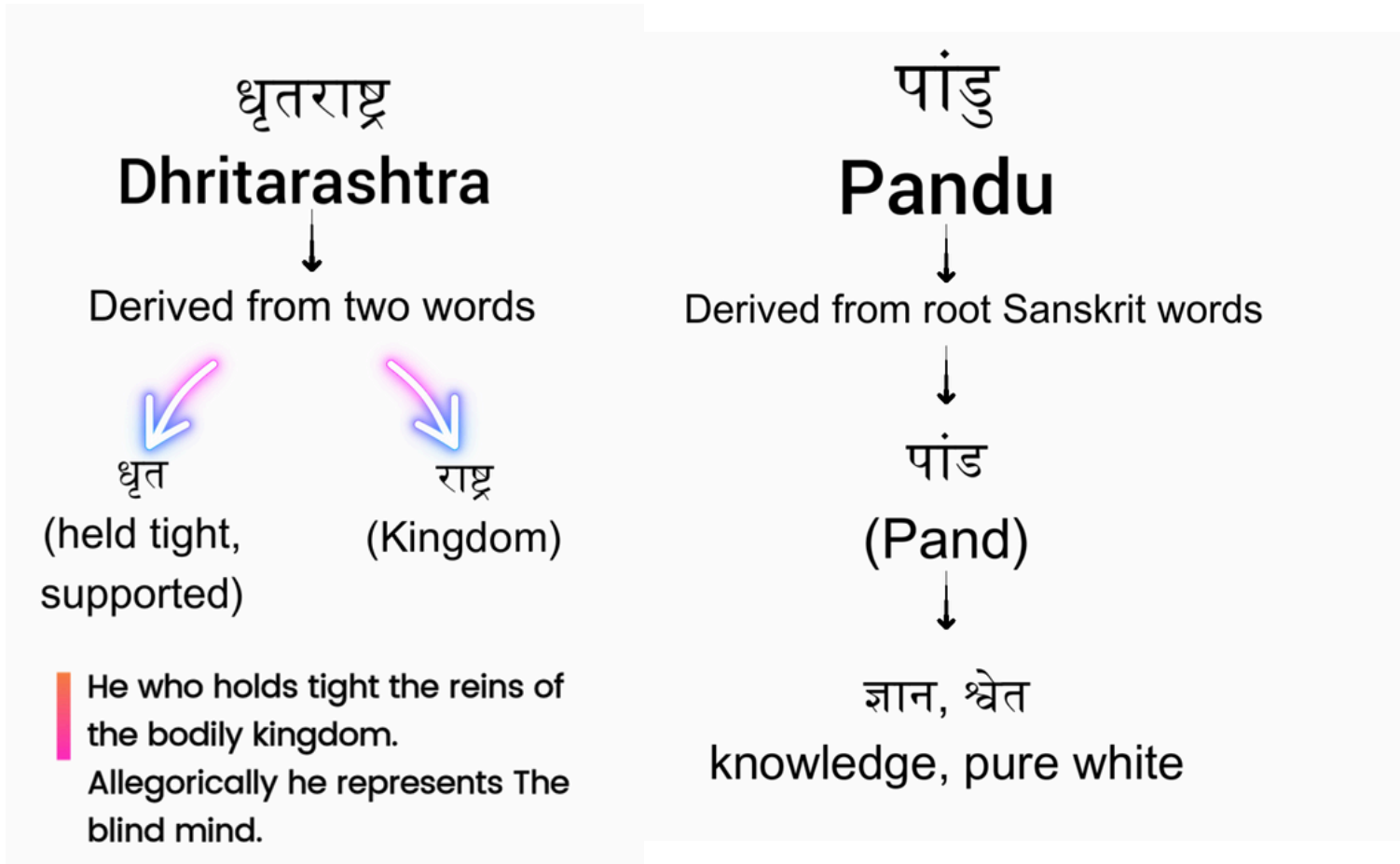


There are two forces of nature, one of disruption and another of construction, which are constantly interacting with each other in nature and in our mind.

In the preamble we had explained that the parameters and reality of objects in the classical field of matter change in the finest relative Quantum levels. In the same way the words/verses of the Bhagavad Gita have two meanings.

On the finer levels their meanings change.

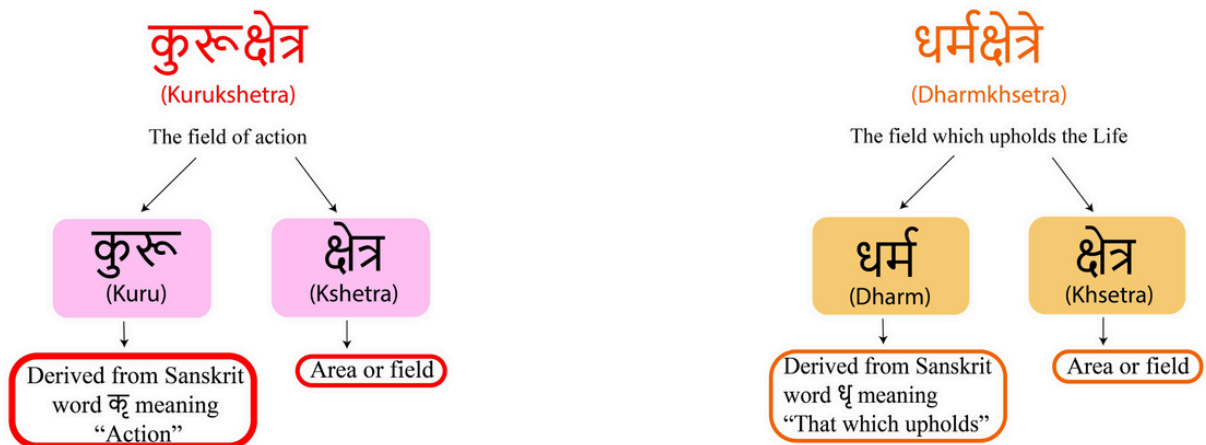
Gita is an allegorical description of battle happening in the mind between sense tendencies of the blind mind and the discriminative intelligence.



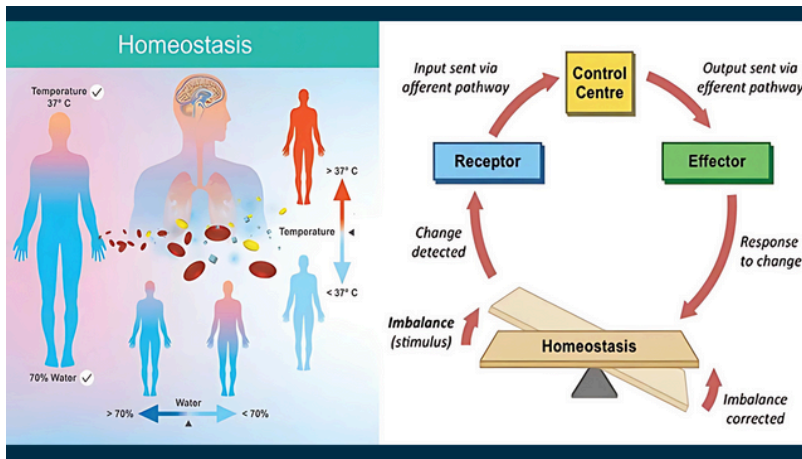
Imagine a blind man, who cannot even walk without the support wants to be a King. How can he ever govern but the blind mind has unreasonable desire to become the king. This blind mind is Dhritrashtr.

Pandavs are the progeny of Buddhi, the power of consciousness or power of discriminative intelligence and Kauravs are the progeny of the blind mind. At loggerheads with each other in our mind field. Irrelevant and unreasonable desires are always.

Kingdom of Hastinapur was won by the Kauravs, in a game of dice from the sons of discriminative power of consciousness, Pandu. The battle is to regain the kingdom.



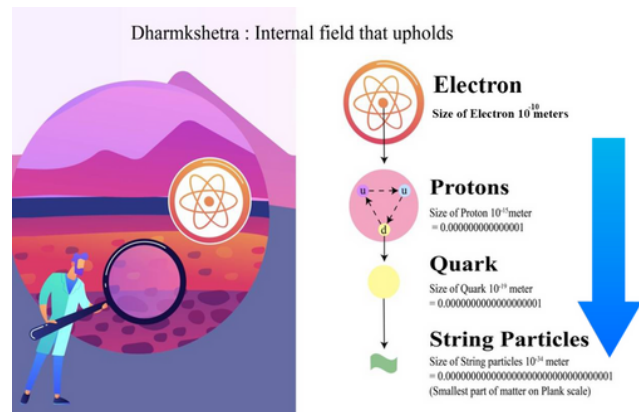
Kuruskshetra is a force happening in the field of action, the material universe. It is an outside force that creates disturbance or imbalance in the body. Dharmkshetr is the field which rises from within to create stability and balance.



This is akin to the homeostasis process evident in the body. We shall understand these two fields on the physiological and Quantum level.

The outer universe of  $10^{25}$  meter has emerged from the Quantum minuteness of  $10^{-34}$  M. Dharmkshetra is not only the balancing force rising from within our body but it is also cause of the outer world.

$$\begin{aligned}
 &90 \text{ Billions } (90,000,000,000) \\
 &\quad \times \quad \times \quad \times \quad \times \\
 &365 \text{ Days } 24 \text{ hours } 60 \text{ Minutes } 60 \text{ seconds} \\
 &\quad \times \\
 &3000 \text{ km/sec (Speed of light)} \\
 &= \\
 &85147200000000000000000 \text{ km} \\
 &\text{Total meters} = 85.1472 \times 10^{25}
 \end{aligned}$$



ॐ पूर्णमिदः पूर्णमिदं पूर्णात्पुणमुदच्यते  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

There are two parts of existence, the classical and the quantum worlds both are wholeness. From the Quantum wholeness, the physical wholeness comes out but the Quantum wholeness still remains whole.

Dissecting the characters of the Bhagavad Gita of verse 1, we find that they have two meanings. One the meaning on the surface level and the second deeper meanings that changes our perspective by one hundred and eighty degrees.



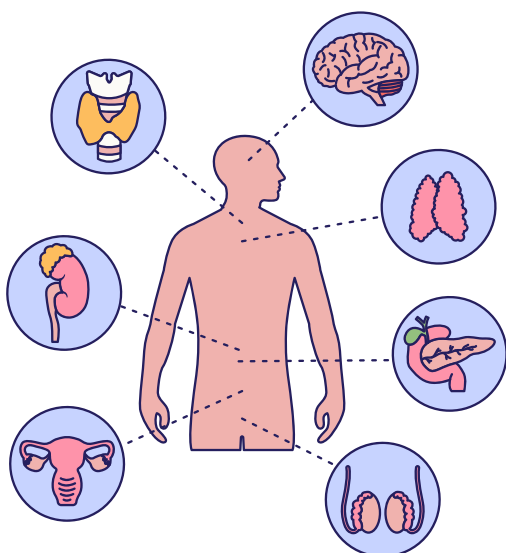
You have joined the course with some expectations. Some of you are just curious others have ambitions and aspiration and they think through Bhagavad Gita they can fulfill their desires. Some think that it is a religious book. I don't teach religion despite the fact that Bhagavad Gita is spoken by Krishn, one of the Hindu gods. I teach spirituality.

Religion is a personal matter that creates division in society. Religion teaches a way of living and is dependent on geographical locations that decide what one will eat, what one will drink, how will one dress and who their gods will be.

Spirituality is a unifying force. Irrespective of caste, creed and religion the universal laws of science and spirituality are applicable. Some of the laws are gravity, laws of motion, laws of thermodynamics, the laws of balance and karma.

The outer world of matter is responsible for imbalance of our body. The Gita verses unfold the methodologies to deal with not only imbalance but all problems of life, scientifically on three levels.

Physiological



Psychological



Spiritual levels

